

Vasco da Gama Movement Europe region



Moments from the Torino Forum, September 2019

<https://www.vdgmforum2019.com/>

The sixth Forum of the Vasco da Gama Movement (VdGM), organised by young doctors, was held in September, in Torino, Italy. It was one of the most outstanding events of the year: rich in high-level scientific activities, including 21 high-quality workshops presented by our members; a fantastic social program; and amazing passion for family medicine, respectful of the planet and the human being. We had around 290 participants from 31 European countries, between them the two well-deserved winners of the VdGM Fund Bursary - Amina Smailova (Kazakhstan) and Nuraiym Turanova (Kyrgyzstan).

A conference exchange was participated in by 17 young family doctors. They observed first-hand the Italian health system and were made welcome by our Italian colleagues. This year the Torino Forum was linked to the EQUIP Summer School, where participants could learn about how to engage in quality improvement. We also held a Council Meeting, giving us a great opportunity to work on relevant issues for the unstoppable growth of our movement and to welcome the many new members.

VdGM Vigo Conference Exchange linked to the EGPRN meeting, October 2019

<https://meeting.egprn.org/news/view/vdgm-conference-exchange>

Four residents from Portugal, Belgium, Malta and the UK were welcomed in Galician practices, prior to the 89th EGPRN meeting in Vigo, Spain. It was a fantastic experience and many young doctors from the north of Spain interested in research, with a passion for our profession were introduced to the VdGM and WONCA.

VdGM presence at the EURIPA Forum in Azores, October 2019

<https://www.euripaforum2019.eu>

VdGM was invited to observe the EURIPA Executive Committee meeting, an opportunity to further development our collaboration. Elena Klusova (VdGM Events Officer) and Vasilios Stoukas (VdGM image team member) represented us there. The VdGM virus keeps spreading throughout all WONCA's networks!

VdGM collaboration with EUROPREV, November 2019

<https://europrev.woncaeurope.org/event/2019-european-forum-prevention-and-primary-care>

We are very honoured that EUROPREV invited young doctors from Europe, to become the official delegates of their countries and join the EUROPREV Council. During the EUROPREV Forum both the VdGM president Katarzyna Nessler and our liaison person to EUROPREV, Emmily Schaubroeck were keynote speakers, talking about burnout prevention and whether prevention in every consultation is leading to overtreatment. The VdGM liaison person attended the EUROPREV Council and social activity to strengthen the bridges between both WONCA subgroups.

Next Events

We are already getting ready for our preconference to be held before WONCA EUROPE in Berlin, June 2020.

Katarzyna Nessler VdGM president

